PREVENT THE SPREAD OF COVID-19 AND STAY CONNECTED IN DOWNTOWN LOUISVILLE

FOLLOW DOWNTOWN LOUISVILLE FOR RESOURCES AND INFORMATION ON WHAT'S OPEN, WHAT'S HAPPENING, & WHO TO FOLLOW DURING THE COVID-19 STATE OF EMERGENCY.
#COVID19 #CORONAVIRUS
01.
Wash your hands frequently

#COVID19 #CORONAVIRUS
SOURCE: WORLD HEALTH ORGANIZATION
Avoid touching your eyes, nose and mouth

#COVID19 #CORONAVIRUS
SOURCE: WORLD HEALTH ORGANIZATION
03.

Cover your cough using the bend of your elbow or a tissue

#COVID19 #CORONAVIRUS
SOURCE: WORLD HEALTH ORGANIZATION
Avoid crowded places and close contact with anyone that has fever or cough.

#COVID19 #CORONAVIRUS
Source: World Health Organization
Stay at home if you feel unwell
06.

If you have a fever, cough and difficulty breathing, seek medical care early — but call first.

#COVID19 #CORONAVIRUS

SOURCE: WORLD HEALTH ORGANIZATION
07.
Get information from trusted sources

#COVID19 #CORONAVIRUS
SOURCE: WORLD HEALTH ORGANIZATION
Follow Lift Up Lou – Lift Up Lou is an effort to provide the community with activities and resources to boost spirits during the Coronavirus pandemic. Find things to do, ways to reduce stress, act with compassion, and opportunities to share your own stories and ideas with the city.

HTTP://LIFTUPLOU.COM
@LIFTUPLOU #LIFTUPLOU
09.

Learn about local history - The Frazier Virtual Museum offers free exhibit history and educational activities, “We hope you can learn from it, be entertained by it, but most importantly know that we are in this together.” -FHM

HTTPS://FRAZIERMUSEUM.ORG/VIRTUALMUSEUM
#VIRTUALFRAZIER #MUSEUMFROMHOME #TOGETHERKY
10.

Browse an eBooks collection or listen to LFPL’s “At the Library” series, an ongoing podcast featuring author talks, programs, and services at the Louisville Free Public Library.

HTTPS://WWW.LFPL.ORG/DIGITAL.HTML
#LFPL #LFPLKIDS #1000BBK
Get creative - KMAC Shop is offering curbside pickup for a variety of gifts and art set items. You can also join KMAC Museum online as we #MuseumFromHome.

KMACMUSEUM.ORG/BLOG
#ARTISTTHEBIGIDEA #TEAMKENTUCKY #MUSEUMFROMHOME
12.

Shop local online - While the shop doors are not open to the public, many South 4th St, NULU, and Downtown retailers are offering online ordering for shipping, delivery, and curbside pick up.

HTTPS://SO4THST.COM/
#SO4THST #SOBRO #SOU4TH
Support Louisville's local restaurants and place your next order online - Find restaurants with delivery and curbside service in Downtown Louisville. A complete listing of restaurants and open times/services are available now on the LDP webpage.

HTTPS://LOUISVILLEDOWNTOWN.ORG/
#DOWNTOWNLOUISVILLE #LOUISVILLEKY #LOUISVILLEEATS
Follow Mayor Greg Fischer - “We need to practice social distancing to slow the spread of COVID-19, but we can still engage with community...The next few weeks are absolutely critical...”
TAKE THE CENSUS - Please don't forget the 2020 Census determines our Congressional representation & is a factor in federal grants, education funding, & more. With less than 90 days to go, we need everyone's help to make sure we have a complete count.

HTTPS://LOUISVILLEKY.GOV/CENSUS
#CENSUS2020
Follow Louisville Metro Health - Find important COVID-19 resources and regular updates on the local response at the “What You Need to Know about Coronavirus” webpage and on social media.
Follow Kentucky Governor Andy Beshear - "We are taking aggressive action in response to #COVID19. For the latest information and data on COVID19 in Kentucky visit kycovid19.ky.gov or dial the Kentucky state hotline at 1-800-722-5725."

HTTP://KYCOVID19.KY.GOV
@GOVANDYBESHEAR #TEAMKENTUCKY #TOGETHERKY
Learn about U.S. Small Business Administration Economic Injury Disaster Loans - The SBA’s Economic Injury Disaster Loan program provides small businesses with working capital loans of up to 2 million dollars that can provide vital economic support to small businesses to help overcome a temporary loss of revenue.

HTTPS://DISASTERLOAN.SBA.GOV/
@SBAGOV #SMALLBUSINESS #SBA
Stay active and keep positive - "Manage anxiety & stress during COVID-19. Fear and anxiety about a disease can be overwhelming and cause strong emotions in adults and children. Coping with stress will make you, the people you care about, & your community stronger." - CDC

HTTPS://WWW.CDC.GOV/CORONAVIRUS/
#COVID19 #CORONAVIRUS
Support your community - That may mean something different for everyone, but every little bit helps and keeps us together. For some, it might mean making a few extra phone calls to check in on friends and neighbors; for others it might mean helping to secure donations, or much needed supplies to local organizations.

HTTPS://WWW.CFLouisville.ORG/ONE-LOUISVILLE/
#CFLouisville #BEAFORCEFORYGOOD